## The Night Flight 5K/10K

## Trail race in the Dark!

Camp Mount Luther, Mifflinburg, PA April 6th, 2019 at 8:30pm

The course will be the Dandelion 5K in reverse. Runners will decide on race day if they want to do the 5K or 10K (A Double Loop of the 5K). Headlamps, Flashlights, Torches, or any other means of illumination strongly encouraged (DUH) but will not be provided. The course will be marked with glow sticks and reflective arrows. Awards will be given to all finishers. Race shirts to all pre-registered racers!

> The 10k distance is included in the new Rocksylvania 10k race series: http://falconracetiming.com/rocksylvania/

## DON'T BE SCARED OF THE DARK! Sign up today!

Entry Fee: \$20 Pre-Registered / \$25 Day of race Make checks payable to Mid Penn Trailblazers

Mail to: Joel Heasley 18 N. Charles Ave. Middleburg, PA 17842 Please pre-register by Friday March 15, 2019!

INFO GUY: Joel Heasley 570-837-1222 or joelheasley@gmail.com

□ Traveling on Route 45 West from Mifflinburg, go about 3.5 Miles and then turn right onto Pleasant Grove Road at Christ's United Lutheran Church. Follow the Night Flight Signs to Camp Mount Luther (about 2 Miles from Route 45)  □ Traveling on Route 45 East from Hartleton go about 1.5 Miles and then turn left onto Pleasant Grove Road at Christ's							
United Lutheran Church. Follo	•						
	Directed by MidPenn Trailbl	azers / RRCA Ir	sured				
	www.midpenntra	lblazers.com					
Last Name:	First Nam	e:				-	
Address:	City:	_State:	_ Zip:				
Phone: ()	Shirt Size (Circle one)	: ADULT: S	S M L XL	XXL	CHILD:	S	M L
Sex: M F Date of Birth://	Race day AGE:_	Race	e Distance	(Circle	one):	5K	10K
WAIVER: I know that running a trail race is a poter there will be traffic, hazards, debris and poor footing attending the race including but not limited to falls, being known and appreciated by me. Knowing these anyone else who might claim on my behalf, covenather race director, course officials, all other organizations anyone acting for on their behalf, or anyone else assets.	g on the course and assume the risk for contact with other participants, the af- e facts, and in consideration of your a- nt not to sue, and waive, release and of cions directly or indirectly associated	or running on it. I a fects of the weather ccepting my entry lischarge the Mid I with the race, any	ulso assume any o er getting lost, wil fee, I hereby for 1 Penn Trailblazers, and all sponsors i	r all other r dlife and ir nyself, my all munici ncluding th	risks associa nsect attacks heirs, execu palities in w neir agents, e	ated with and all ators, a which the employ	th running or Il such risks dministrators one event is held, yees, assigns or

any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever,

foreseen or unforeseen, known or unknown.

SIGNATURE OF GUARDIAN (If less than 18)

**SIGNATURE** 

BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER;