## The Night Flight 5K/10K

## Trail race in the Dark!

Camp Mount Luther, Mifflinburg, PA April 4th, 2020 at 8:30pm

The course will be the Dandelion 5K in reverse. Runners will decide on race day if they want to do the 5K or 10K (A Double Loop of the 5K). Headlamps, Flashlights, Torches, or any other means of illumination strongly encouraged (DUH) but will not be provided. The course will be marked with glow sticks and reflective arrows. All pre-registered racers will receive race sweat pants!

The 10k distance is included in the new Rocksylvania 10k race series: http://falconracetiming.com/rocksylvania/

## DON'T BE SCARED OF THE DARK! Sign up today!

Entry Fee: \$25 Pre-Registered / \$25 Day of race

Make checks payable to Mid Penn Trailblazers

Mail to: Joel Heasley 18 N. Charles Ave. Middleburg, PA 17842

Mailed applications MUST be RECEIVED by Wednesday March 25, 2020!

INFO GUY: Joel Heasley 570-837-1222 or joelheasley@gmail.com

**DIRECTIONS** 

□ Traveling on Route 45 West from Mifflinburg, go about 3.5 Miles and then turn right onto Pleasant Grove Road at Christ's United Lutheran Church. Follow the Night Flight Signs to Camp Mount Luther (about 2 Miles from Route 45)  □ Traveling on Route 45 East from Hartleton go about 1.5 Miles and then turn left onto Pleasant Grove Road at Christ's United Lutheran Church. Follow the Night Flight Signs to Camp Mount Luther (about 2 Miles from Route 45)						
Directed by MidPenn Trailblazers / RRCA Insured						
www.midpenntrailblazers.com						
Last Name:	First Nar	ne:				
Address:	City:	State:	Zip:			
Phone: ()	_ Sweatpant Size (Circl	e one): <b>ADUL</b>	T: S M L X	L XXL C	HILD:	S M L
Sex: M F Date of Birth:/	/ Race day AGE:_	Race	e Distance (C	ircle one):	5K 1	0K
WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather getting lost, wildlife and insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Mid Penn Trailblazers, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown.  BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER;						
SIGNATURE		Date:	/			

SIGNATURE OF GUARDIAN (If less than 18)